



# VIVEKANANDA COLLEGE

## College with Potential for Excellence

Residential & Autonomous – A Gurukula Institute of Life Training,

Affiliated to Madurai Kamaraj University

Reaccredited (3<sup>rd</sup> Cycle) with 'A' Grade (3.59 out of 4.00) by NAAC

Managed by Sri Ramakrishna Tapovanam, Tirupparaiturai, Tiruchy Dist.

TIRUVEDAKAM WEST, MADURAI DISTRICT – 625 234, TAMIL NADU



---

## INTERNAL QUALITY ASSURANCE CELL (IQAC)

---

### Best Practices

#### Best Practice-I

##### Title

Gurukula Life Training with Modern Curriculum

##### Objective

To create awareness about the rich heritage to the new graduates.

To inculcate the right values among the graduates

##### The Context

It is important to promote harmonious development of Hand, Heart and Head, which enriches the personality of students. Our nation is in dire need of disciplined citizens of integrity and capability. The deterioration and degradation in the society can be set right only by students who are physically, emotionally and intellectually well trained.

The three faceted curriculum the college has introduced therefore consists of: "Core subject oriented, Skill based academic components and value inculcating". This fulfils the expectation. Our Extended Curriculum uplifts the downtrodden children of the nearby villages culturally, spiritually and academically.

##### The Practice

Life training and Character building education are offered through several activities throughout the day to inculcate several values. Right from the inception of the institution, discipline has been part of the institutional culture. Even before the college was conferred autonomy, value-based education formed an essential part of the curriculum. The same character building and physical education orientation and value inculcation assumed authentic academic dimensions after the conferment of autonomy.

**Physical Culture - Hand:** The students do Physical Jerks and Surya Namaskaram in the morning and Yogasanas and Pranayama in the evening. They are trained in our traditional martial art Silambam and also in Karate and Gymnastic activities. They are taught and evaluated by the Acharya

**Emotional Culture - Heart:** All our students and Acharyas assemble at the Prayer Hall during dawn, noon and dusk in solemn quiet and meditate on the Almighty. The value of Universalism is inculcated by the presence of the paintings portrayed of the Gods of all religions in the Prayer Hall. Congregational worship and Spiritual discourses elevate the Soul culture of our students. This activity comes under Citizenship Training and Spiritual Education which are Part IV Compulsory Courses.

**Intellectual Culture - Head:** An ideal curriculum has three components a) Knowledge b) Know-how c) Character. Worth of the curriculum is gauged by the application of some academic tools like a) Utility b) Relevance c) Neighbourhood-friendly d) Impact. Knowledge oriented subjects - Flexibility in curriculum - Horizontal and vertical mobility- Inter disciplinary and modular curriculum - original and innovative thinking curriculum. Skill imparting modules - Immediate employability- tendency to create jobs and not cry for jobs make the students self-reliant.

### **Evidence of Success**

- Reputation of graduates' proficiency for recruitment in companies for their disciplines and integrity.
- Tamil Nadu Police Service recruits large number of graduates from the college.

### **Problems encountered and Resources Required**

- ❖ Students have difficulties in doing physical jerks, asanas, etc. in the initial stage.
- ❖ Students find difficulties to adopt in the gurgukula system in the modern world during the first year
- ❖ More Staff Quarters to be provided for the staff members to monitor these activities
- ❖ Infrastructure facilities for the students to be strengthen

## **Best Practice-II**

### **Title**

Earn While You Learn Programme

### **Objective**

To support the poor and willing students for the promotion of their economic welfare

To enrich the skills of the students

### **The Context**

In this residential college, students belonging to rural and backward area drawn from all over Tamil Nadu are pursuing their studies. Most of them belong to socially and economically backward class sections of the society. 70 percent of the students are availing scholarships from the Tamil Nadu State Government. That scholarship is not sufficient for the students. Therefore, earn while you learn programme is introduced for the benefit of the students.

### **The Practice**

- ❖ The management has several part-time jobs for the students to work in the library, construction, mess, Amenity and agriculture field under earn while you learn programme.
- ❖ The students, who need financial assistance, are selected to work in various the library, construction, mess, Amenity and agriculture field.
- ❖ In the library the students work without affecting their regular classes. They are trained to assist the library staff members in different types of regular non-technical works.
- ❖ In the mess, the students assist to the distribution of food and other works apart from the class and study hours.
- ❖ In the Students amenity centre, the students work for taking photocopy.
- ❖ In the Agriculture field, the students assists for ploughing, harvesting and other agriculture related works during the Sundays and holidays. They are paid wages equal to normal workers.

### **Evidence of Success**

Several students get financial support to meet their expenditure such as paying of mess fees, exam fees and their own needs during their studies in the college.

### **Problems Encountered and Resources Required**

Selection of students and train them on the jobs to perform routine non-technical works.

The college is unable to meet the wages to more number of students due to scarcity of fund. Therefore, sponsors, donors for this special scheme is needed.