

Major Activities:

National Integration Camp (NIC):

The National Integration Camp (NIC) is organized every year and the duration of each camp is of 7 days with day-night boarding & lodging. These camps are held in different parts of the country. Each camp involves 200 NSS volunteers to undertake the scheduled activities.

Adventure Program:

The camps are held every year which are attended by approximately 1500 NSS volunteers with at least 50% of the volunteers being girl students. These camps are conducted in Himalayan Region in the North and Arunachal Pradesh in North East region. The adventure activities undertaken in these camps includes trekking of mountains, water rafting, Para-sailing and basic skiing.

NSS Republic Day Parade Camp:

The first Republic Day Camp of NSS Volunteers was held in 1988. The camp takes place in Delhi between 1st and 31st January every year with 200 NSS selected volunteers who are good in discipline, March-past and cultural activities.

A Contingent of selected NSS volunteers participates in the Republic Day Parade at Rajpath, New Delhi on 26th of January every year in accordance with the guidelines and requisition of the Ministry of Defence. Two categories of volunteers mainly with Parade and Cultural activities and preferable with knowledge & work of NSS activities are selected to take part in the one month long Republic Day Parade Camp. Besides that, the following basic qualities are required for selection of NSS Volunteers for Pre- Republic Day Parade Cam and the NSS Republic Day Parade Camp:

- Should be a regular student and bonafide NSS Volunteers of any NSS Unit at College level
- Should have attended the orientation programme of NSS
- Should have participated in at least one Special camp
- Culturally Sound
- Capable of team building & leadership
- Capable to cope up with the camping atmosphere
- Physically fit
- Capable to undergo a rigorous physical & drill training
- Well disciplined
- Height for male volunteers between 166 cms to 175 cms & for female volunteers 155 cms to 166 cms
- The volunteers should be unmarried