

# Vivekananda College-Tiruvedakam West-625 234

47<sup>th</sup> Annual Sports Meet – 09-02-2018

## Annual Report (2017-18)

Most Revered President Swamiji Maharaj, Most Revered Secretary Swamiji Maharaj of our Tapovanam, Revered Secretary Swamiji Maharaj of our College, Respected Chief Guest, Respected Principal, Respected Headmaster of Vivekananda Higher Secondary School, Most affectionate Vice-Principal, Members of the Staff, Students, distinguished guests and my dear young friends,

I am happy to stand before you to present the 47<sup>th</sup> Annual Report of Physical Education Department of our Gurukulam. We regularly conduct Physical Jerks and slow running every day at 7.10a.m. We also hold Yogasanas in the evening on three days a week. In addition, we conduct Mass Drill once a week. We also give practice in Karate, Silambam, Gymnastics, Band Music and Asanas for the willing students. We offer Physical Education as a Part IV compulsory course to all the final year students. We also offer Certificate Course in Yoga to all the First Year students, Diploma in Yoga to all the Second Year students and Advanced Diploma in yoga to all third year students.

We conducted intramural Sports and Games Tournament for the inmates of the Gurukulam. We measure the skills of each student in 100m, 400m, Long Jump, and Pull Ups at the end of each year. These are recorded in the Student's Personality Assessment Record.

We are happy to announce that the UGC has sanctioned Rs.5 lakhs under CPE Scheme to our college Physical Education Department for the purpose of establishing a modern Gym in our college.



Now I am happy to present the achievements and Activities of the Academic year 2017-18.

### **Student's Achievements and Activities**

K.Ezhilarasan, III B.Com got the 'Best Yoga Practisenor of the Year 2017' award from the Chief Guest Sri.L.Ganesan, Member of Parliament, Government of India in the World Yoga Day celebrations held at our college on 21<sup>st</sup> June 2017.



P.Sakthivel III B.Sc. Zoology has been selected for the Madurai Kamaraj University Kho-Kho team and B.Maheshwaran, III Zoology for Handball team.

G.Gunalan, III B.Sc Maths., P.Gopinath, III B.Sc.Zoology, S.Sivasubramanian, III B.Sc. Computer Science and S.Mohanpandi, II B.Sc. C.S represented the M.K. University 'B' Zone Ball Badminton team.

J.Anbuezhian, T.Muthukrishnan, III B.Sc. Maths, S.Kalidass, III B.Sc. Chemistry, K. Kannan, II B.Sc. Maths, K.Thesapriyan II B.A. History, S.Vigneshwaran, II B.Sc. Maths and P.Sudhesamithran, I B.Com represented the M.K. University 'B' Zone Hockey team.

G.Udhayakannan, III B.Com., B.Maheswaran, III B.Sc. Zoology, S.Nivas, III B.Sc. Chemistry, R.Ragavendran, III B.Com., T.Satheeshkumar, III B.Com, and

B.Gopikrishnan, II B.A.English Lit. represented the M.K. University 'B' Zone Hand Ball team.

P.Sakthivel, III B.Sc. Zoology, B Lakshmanan, III B.Sc. Maths, A.Adhi Narayanan, III B.Sc. Maths, P.Mahaprabhu, III B.Sc. Maths, C.Satheesh kumar, II B.Sc. Maths, R.Gowthaman, I B.Sc.Physics represented the M.K. University 'B' Zone Kho-Kho team.

R.Rengarajan, III B.A. Economics, L.Shenbagasarathi, II B.Com, M.Tamilvanan II B.Com., and D.Jeyakrishnan, II B.Com (CA) represented the M.K. University 'B' Zone Kabaddi team.

M.Vanaraj, II B.Sc. C.S., represented the M.K. University 'B' Zone Badminton team.

A.Nishanth, III B.A.History represented the M.K. University 'B' Zone Volley Ball team.

R.Rajesh, III B.Sc. Maths represented the M.K. University 'B' Zone Cricket team.

M.K.Madhankumar, III B.Sc. Maths represented the M.K. University 'B' Zone Football team.

The Kho-Kho team participated and secured Second Place in the MKU 'B' Zone intercollegiate tournament held at Madura College, Madurai on 13<sup>th</sup> September 2017.



The Kabaddi team participated and secured Second Place in the MKU 'B' Zone intercollegiate tournament held at SVN College, Madurai on 5<sup>th</sup> October 2017.



On behalf of the Department of Physical Education, the students of our college participated in the Former Chief Minister, Bharat Ratna, Dr.MGR's Centenary Year Celebrations Sports Meet held at Dr.MGR Stadium, Race Course, Madurai on 27<sup>th</sup> June 2017. The student R.Deepan, III B.A. Eng. Lit. won the third prize in 100 mt. dash, R.Sivarajan, III B.A. Eng. Lit. won the third prize in 400 mt. dash, R.Ranjithkumar III B.A. History won the second prize in 800 mt. dash, and S.Ragunath, III B.Com. and M.Arivalagan III B.A. Eng. Lit. won the second and third prizes respectively in 1500 mts. dash.

From the gymnastics team of college 5 gymnasts participated in the '8<sup>th</sup> State Level Mallkhamb Championship – 2017' organized by Virudhunagar Mallkhamb Association during 24<sup>th</sup> and 25<sup>th</sup> June 2017.

On behalf of the Department of Physical Education, 50 students of our college participated in the Dr.MGR's Centenary Year Celebrations - Special Marathon, held at Madurai on 27<sup>th</sup> June 2017.



From the Department of Physical Education 20 students of our college participated in the 'World Youth Day 2017 Awareness Mini Marathon' which was conducted by Government Medical College, Madurai on 30<sup>th</sup> August 2017.

In the Peace Marathon organized by the Madurai Kamaraj University, held on 2<sup>nd</sup> October 2017, 100 students of our college participated. The students S.Suresh, I B.A.Economics won the first place, M.Praveen kumar, won the fourth place, R.Deepan, III B.A.Eng. Lit. won the seventh place and Surya Prakash, I B.Com, won the fifteenth place.



On behalf of the Department of Physical Education, the students of our college participated in the yoga competition Tamil Nadu Yoga Sports Open Championship – 2017 held at Mannar Thirumalai College, Madurai on 14<sup>th</sup> October 2017. The students K.Ezhilarasan, III B.Com, E.Sivasankaran III B.Com (CA), T.Kanagaraj, II B.Sc. Zoology, S.Karthikeyan, I B.Com (CA) won the first prize, V.Gokul, II B.Sc. Comp. Sci., M.Deepak Kumar, II B.Sc., Zoology, M.Selvakumar, II B.Sc. Maths, K.Alagumalai, I B.Sc. Chemistry, M.Saravanan, I B.Sc. Physics, R.Praveen, I B.Com. won the second prize and, K.Ajithkumar, III B.Com, P.Mugesh, III B.Sc. Zoology, S.Boomanikandan, III B.Sc.Zoology, J.M.Gopikrishnan, II B.Sc. Comp. Sci. won the third prize.

The students of the Karate Team of our college participated in the State Level Karate Competition held at Nilakottai, Dindigul Dt. On 3<sup>rd</sup> September 2017. The students K.S.Saravanan, II Che, M.Sivaraman, II B.Sc. CS, got the Blue Belt, M.Gokulkumar II Che got the Brown Belt, R.Balakrishnan, II Che, R.Suresh,, II Maths got the Burble Belt, V.Vijayakanth, I Bot, P.Sarankumar, I Eco, P.Tamil Prabakaran, I got the Yellow Belt.

Pavithran, II B.Com, won the third place in High Jump Event in the Inter Collegiate Annual Sports Meet organised by the Madurai Kamaraj University held at M.G.R Stadium, Madurai from 4<sup>th</sup> and 5<sup>th</sup> December 2017.

## **Activities and Achievements of the Director of Physical Education**

Dr. M.Seemimurugan, Director of Physical Education attended as a member in the Selection Committee for the selection of University Kho-Kho team of Madurai Kamaraj University held at SVN College, Madurai from 13<sup>th</sup> and 14<sup>th</sup> September 2017.

Dr. M.Seemimurugan, Director of Physical Education attended as a member in the Selection Committee for the selection of University Boxing Team of Madurai Kamaraj University held at VHNSN College, Virudhunagar from 12<sup>th</sup> and 13<sup>th</sup> October 2017.

Dr. M.Seemimurugan, Director of Physical Education acted as the External Examiner at Yoga Practical Examination conducted by SFR College for Women, Sivakasi on 23<sup>rd</sup> October 2017.

Dr. M.Seemimurugan, Director of Physical Education acted as a referee in the Inter Collegiate Annual Sports Meet - Track events organised by the Madurai Kamaraj University held at M.G.R Stadium, Madurai from 4<sup>th</sup> and 5<sup>th</sup> December 2017.

## **Programmes Organised**

The World Yoga Day was celebrated on 21<sup>st</sup> June 2017. In that programme, all the first year, second year, and third year students of our college and the students of Vivekananda Hr. Sec. School numbering 1500, participated and demonstrated yoga. Sri.L.Ganesan, Member of Parliament, Government of India participated as the Chief Guest of the programme and addressed the students.



The Department of Physical Education of our College conducted 'B' Zone Inter-collegiate Chess and Badminton (M) Tournament of Madurai Kamaraj University at Swami Chidbhananda Indoor Stadium of our college on 3<sup>rd</sup> August 2017.



The Department of Physical Education of our College conducted the Swami Chidhbhavananda Memorial 2<sup>nd</sup> Open to All Badminton Men's Double Tournament in our college on 24<sup>th</sup> and 25<sup>th</sup> December 2017. Sri.S.V.Alagappan, General Body Member, Sri Ramakrishna Tapovanam was Chief Guest of the Inaugural Programme. He donated Rs.1.25 lakhs as Endowment to conduct this tournament. Dr. V.Jayaveerapandaian, Director of Physical Education, Madurai Kamaraj University delivered the Valedictory Address as the Chief Guest in the Valedictory Function of the programme.



The Department of Physical Education of our college conducted the special coaching camps for Gymnasts at our college grounds from 12<sup>th</sup> to 21<sup>st</sup> November 2017.

### **Extension Activities**

As a part of the extension programme of the Department of Physical Education, all the students of our college gave training on yoga including Suriyanamaskaram, Pranayama, Body Loosening Exercises and Asanas to the students of schools in their villages during the odd semester holidays from 13<sup>th</sup> to 30<sup>th</sup> November 2017.



We wholeheartedly thank our Management for providing all facilities for increased sports activities. I record my heartfelt gratitude to the volunteers of five NSS units and their Programme Officers Prof.K.Kamatchi - Unit No:75, Dr.S.Chandrasekaran - Unit No:76, Dr.T.Sellathurai - Unit No:77, Prof. M.P.Kumaresan - Unit No:78 and Dr.K.Chellapandian - Unit No: 199 for all the help they rendered in cleaning the play grounds. We are happy to express our sincere thanks to our college NCC cadets and the NCC Officer Prof.V.Rajendran who help us in all sorts of work throughout the year.

I record my heartfelt gratitude to Prof. D. Ramachandran, our college former Director of Physical Education for his help even after the retirement and our proud alumnus Dr. P.Pattinathar, Head, Department of Economics for his contribution in the betterment of gymnastics events. I record my thanks to Sri I. Irulappan, Yoga Master, Department of Physical Education and Mr. B.Karthikeyaa, Record Clerk for their help in conducting the Yoga classes. I am happy to express my sincere thanks to Teaching and Non-teaching Staff members, Teaching Assistants and Resident Acharyas for supervising Morning Physical Jerks, evening Asanas and Mass Drill throughout the year.

We thank our final year students who are our Peer Team Student Trainers, Students Secretary for Sports and Games, House Captains of houses, and all the Physical Education student Coordinators for their Sincerity, Dedication, and leadership quality in training their juniors in Gymnastics, Silambam, Band Music, Asanas and Physical Jerks.

We thank the Secretary Swamiji and Revered Sanniyasins of our Ashram, the Principal, the Vice-Principal, the Dean and Controller of Examinations, the IQAC Coordinator, all the staff, and students for their kind cooperation, encouragement and active participation in all the activities of the Department of Physical Education.